**ONSLOW COLLEGE ROWING CLUB: LEAD COACH**

**ROLE DESCRIPTION AND FUNCTIONS**

The Lead Coach will make a significant contribution to the ongoing development and implementation of the Onslow College Rowing program, overseeing the development of rowing participants and coaching volunteers.

The Lead Coach role is to foster a fun, friendly and enjoyable training and racing environment for coaches and students.

Overall Responsibilities

* Work closely with the OCRC Rowing Committee to coordinate the Rowing Program development and implementation
* Oversee crew selection, including the implementation of the selection criteria in consultation with the coaches.
* Assist in the recruitment and selection process for Rowing Coaches
* Support coaches and provide a conduit for parent feedback
* Communicate with coaches, students and parents
* Coordinate the strength and conditioning programs and preseason training
* Meet with the operations group to coordinate the logistics for the day to day running of OCRC (training, camps, regattas etc.)
* Promote and encourage participation in Rowing at Onslow college
* Manage relationships with external bodies to support Rowing activities, including WRC, KRI, plant manufacturers and repairs.
* In consultation make weather dependant planning decisions

Specific Tasks:

1. Program Coordination
   1. Monitor the water and land based training program, implemented by the coaches
   2. Establish a season calendar in consultation with the Rowing Committee, coaches and WRC
   3. Coordinate training timetable in conjunction with the Onslow College Director of Sport, Wellington RC and the coaches.
2. Management of Rowers
   1. Ensure that crews follow safe practices on the water and when involved in other rowing-related activities
   2. Encourage development of rowing skills and rower fitness
   3. Advise the Director of Sport on the nomination of students eligible for awards
   4. Monitor the behaviour of rowers and ensure that they meet the expectations of the Code of Conduct
3. Rowing Coaches
   1. Implement a program of education for coaches to ensure consistency throughout the program
   2. Coordinate and attend coaches meetings as required
   3. Coordinate boat allocation in consultation with WRC & coaches
   4. Consult with the coaches to ensure their selections are in line with the OCRC selection criteria.
   5. Support, educate and empower the rowing coaches to improve quality of coaching and rower’s performance.
   6. Monitor the behaviour of coaches and guide their commitment to the Code of Conduct
4. OCRC Committee
   1. Attend OCRC committee meetings and represent the views of all coaches to the group.
   2. Identify the maintenance requirements of rowing equipment
   3. Provide recommendations for purchase of equipment
   4. Provide input on the OCRC’s strategic plan for maintaining and improving rowing equipment
5. Relationships and Communication
   1. Support and maintain relationships with WRC & WRA
   2. Liaise with parents of Rowing students as required
6. Camp and Regatta organisation
   1. Oversee selection & entries of crews for regattas in consultation with crew coaches
   2. Plan and liaise with the Coaching and Operations team regarding the requirements Rowing Camps and Ruamahunga trips.
   3. Assist with the organisation of regattas

**Agreed by the OCRC Executive Committee September 2016**